

The certified physician in Forest Medicine of INFOM

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Happy 2014 Year!

In Japan, we conducted the event of "Walking Forest Therapy Roads ® with a doctor": a special event to mark the International Year of Forests in 2011 (please refer to http://infom.org/news/2011/09/walkingforesttherapyroads.html).

Because it was well received in Japan we continued this activity in 2012 and 2013. Recently, many medical doctors in Japan who participated in the above activity proposed to establish the system of certified physician in Forest Medicine.

After I discussed with several board members of INFOM in Japan, they encouraged me to make a proposal about the system of certified physician in Forest Medicine.

Based on the above background, I proposed to establish the system of certified physician in Forest Medicine and asked all board members to discuss and approve the proposal. After discussion by email, the proposal has been approved by the board members.

Therefore, we have decided to start the new system from February, 2014.

However, because the system of certified physician is different among the different countries I suggest that each country establish one's own system of certified physician in Forest Medicine based on their system of certified physician.

In Japan, we will establish the system of certified physician in Forest Medicine based on the system of certified physician in Japan.

January 22, 2014 Dr. Michiko Imai President of the International Society of Nature and Forest Medicine (INFOM) The Secretariat of INFOM http://infom.org